



Inside this issue

Page 1

Special Notices
Special Dates

Page 2

Swedish Medical Center Auxiliary Officers
SMCA Committee List
Thoughts from the Auxiliary President

Page 3

Children's Health Education Days
Gift Gallery Information
Please Join Us
Swedish Medical Center Auxiliary

Page 4

Easter Bake Sale is Coming!
Shirley and Marcy



Spring is Coming!!

- March 17th – St. Patrick's Day
- March 19th – 20th: New Era - Vendor Sale
[hoodies, baskets, imported items]
- March 20th – Spring Begins
- March 26th – 27th: 180 Degree Design - Vendor Sale
[jewelry designer sells her own designs]
- April 1st (afternoon) – Setup for Bake Sale
[bring items to Maple Room for pricing]
- April 2nd – SMC Auxiliary Bake Sale**
- April 2nd – 3rd: Colorado Watch Co. - Vendor Sale
[batteries replaced, watches for sale]
- April 3rd – Good Friday
- April 5th – Easter
- April 9th - H2U Monthly Social: Western Poetry & Music by Susie Knight
- April 9th – 10th: Books Are Fun – Vendor Sale
[huge display of books and games]
- April 17th: Happy Headbands – Vendor Sale
[handmade products from one of our volunteers]
- April 30th - May 1st: Tesori – Vendor Sale
[local designer of charming acrylic jewelry]
- May 4th - AARP Driver Safety Class - \$15 for H2U members (\$20 Non Members)
- May 7th – 8th: Pearl Connection – Vendor Sale
[this year, great closeout special prices]
- May 10th – Mother's Day
- May 14th - H2U Monthly Soc.: Magician - Jeff Jenson
- May 21st – 22nd: Garden Art – Vendor Sale
[local artist crafts items for outdoor use]
- May 25th – Memorial Day
- June 1st - AARP Driver Safety Class - \$15 for H2U members (\$20 Non Members)
- June 11th - H2U Monthly Social: Thai Chi with Joe Brady



Special Notices or Announcements

This newsletter is being sent to all Auxiliary Members and Volunteers of Record at the time of mailing. Should anyone wish to help the Auxiliary by choosing to have this newsletter emailed to you, please contact the editor or one of the Board members and provide your email address. Also, if you would prefer not to receive it in any form, please let us know that as well. We want to be as accommodating to those interested in the Swedish Medical Center Auxiliary's activities as we possibly can. If you have any comments or suggestions for this newsletter, please let us know. If you wish to provide us with your birth month and day, we will begin acknowledging birthdays in future issues.

Lesser Known March, April & May Events:

- March 22nd – As Young As You Feel Day
- March – National Umbrella Month
- April 6th – White House Easter Egg Roll
- May 3rd – 9th – National Raisin Week
- June – National Rose Month

2015 Auxiliary Board Officers

President:	Kathleen Wheeler
President Elect:	<i>open</i>
Secretary:	Kim Prescott
Chief Financial Officer:	Marilyn Arnold
Treasurer:	Marlene O'Neal
V. P. of Finance:	Jackie Thorland
V. P. of Fundraising:	Kathleen Wheeler Sara O'Mary

2015 Auxiliary Board Committees (Chairs)

Special Assignments -

Scholarship:	Marge Guard
Membership-Telephone Tree:	Ken Montelius Jackie Thorland Kim Prescott Kathy Christie

Education:	Ginny Mayers Marilyn Arnold Marlene O'Neal Gina Katen
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Nominating:	Kathy Christie
Publicity:	Lorraine Givens
Sewing:	Lorraine Givens Norma Leach

Assistance with Grief:	Dee Hale
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Ex-Officio:	
Gift Gallery:	Margaret Ansted
Second Chance Shop:	Stacie Saavedra
Volunteer Director:	Stacey Boyd
Mentor/Advisor:	Milt Bollman
Historian:	Karen Humes

Members-at-Large:	
Past Pres./Parliamentarian:	Sara O'Mary Kathy Christie

Special Projects:	
Freda Benintendi	Lynn Bunnell
Maybelle Davey	Karen Humes
Ginny Mayers	Carlyle Montelious
Carol Murray	Marlene O'Neal
Billye Regan	Judith Stucky
Sally Jo Thomas	Jackie Thorland

SMCA Newsletter

Published March, July, October and December for 2015. The plan is to publish and mail them around the 1st of those months.

Swedish Medical Center Auxiliary

Editor: Lorraine Givens
Email: Larrgivens@qwest.net

Submissions are requested by the 20th of the month for publication the following month.



Thoughts from the Auxiliary President

By Kathy Wheeler

Happy Spring! Was it ever more welcome? I know we are so very ready for the snow and cold to end.

I am sure there will be more details within this newsletter but I will briefly remind you of our upcoming Easter Bake Sale. This year our sale will be on Thursday, April 2nd in the hospital lobby. All auxiliaries are encouraged to both contribute homemade goodies (bring to the Maple room on Wednesday afternoon, April 1st) and to come help us by working at the sale itself!

Once again I encourage you to shop in our Gift Gallery, Margaret has some wonderful new merchandise! Also, do bring your gently used clothing and household goods over to Stacie in the Second Chance Shoppe ~ shop while you're there!

Thanks to everyone for your encouragement and support as I've started my second year as president!

Kathy



CHILDREN'S HEALTH EDUCATION DAYS

By Marilyn Arnold

This is an annual event and the Auxiliary's largest community outreach. We host about 700 third graders from Englewood, Littleton, and Sheridan schools. There are 7 different learning stations – an area dentist, audiologists from Dr. Kelsall's office, an x-ray technician from the hospital, just to name a few.

This year's event will be April 28 and 29. If you can help, please use the sign up sheet in the volunteer office.

Gift Gallery Information

Manager – Margaret Ansted

Come in and visit Bert and Ernie on Sesame Street in the Gift Gallery window. They are going fast as the staff and guests just love them.

If you have been impatiently waiting for Spring, it has already arrived in the Gift Gallery. There are lots of cozy slippers there too. Margaret want to thank all the wonderful Volunteer that work in the shop and invites all the other wonderful Volunteers to come shop and remember that you will receive a discount on the day(s) that you are volunteering.

Keep you eyes on the Gift Gallery during the next few weeks as they will be putting Winter items on sale.



NOTE TO ALL VOLUNTEERS AND AUXILIANS:

Due to the HIPPA rules, if you are hospitalized at Swedish, even if anyone knows this from the hospital records, they can not inform any of us that you are there. It is important that **YOU or a representative for you** inform the Volunteer Office and/or the Auxiliary (call the Auxiliary Office or let one of the members know) that you are there and would appreciate visits or want others to know. We would like to know this so we have the opportunity to show our concern but we have to observe the HIPPA rules just like everyone else that has access to your privileged information. We will also respect your privacy if you should choose to **NOT** let us know and remain private.

Please Join Us

Additional opportunities are available with our SMC Auxiliary. We can use your help and talents (or those of someone you know) in some of the following areas:

Gift Gallery (Bring on the smiles!)

The Second Chance Shoppe (Treasures galore!)

Sewing Committee (Sewing, knitting and more!)

Bakers for our two annual Bake Sales

Volunteers savvy with: Computers, Data Bases, Bookkeeping, Banking, Websites, Internet, Newsletters, Marketing, Management, Administration, Education or Healthcare.

Some require a weekly commitment while others vary from once or twice a year to a few time a month. Please contact our President, Kathy Wheeler, at 303-221-8907 for more information.



Swedish Medical Center Auxiliary

Who We Are:

The Swedish Medical Center (SMC) Auxiliary is comprised of current and former volunteers (and loyal supporters) who may or may not be volunteering in other service areas at Swedish.

The SMC Auxiliary was founded in 1959 with 77 charter members and has grown through the years. To date, it has donated over \$4 million to various hospital and community causes.

What We Do:

The main goal of the SMC Auxiliary is one of outreach – to our hospital, our volunteers, and our community. Funds are provided by our Membership Drives, donations, and proceeds from the Gift Gallery, The Second Chance Shoppe, Vendor Sales, Flower Sales and other sales.



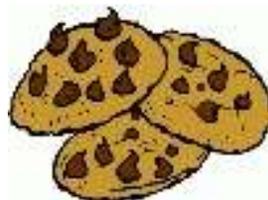
We are Looking for Baked Goods!!



As you may have read in other articles the Swedish Medical Center Auxiliary is putting on a Bake Sale April 2, 2015. We are asking for donations of food items for this sale. It has been found that cookies, cakes, pies, breads, and snack type of items go the best. If you have an Easter or Spring specialty that you would be willing to make and contribute to this sale, the Auxiliary would be very grateful. Please bring your items to the Maple Room (across the hall from the Volunteer Office) on Wednesday April 1st after Noon for our team to price and repackage if needed. We would like to have you include your name and address for us to be able to thank you for your donation after our sale is over. Many time we see and know the generous donor of items but often item "just appear" and we want to let you know how appreciated all of you are to us.

Listing common allergens on the labels of your goodies is greatly appreciated. For example, nuts, peanut butter, and coconut. Gluten-free items are a big hit. We ask that you let items cool before sealing them so that they won't be sticky or soggy. Please no items that have to be refrigerated, the goodies will be sitting out in the open for the entire sale.

The proceeds of our sales go toward grants for special programs in the hospital, patient comfort items, a Springtime Children's Health Education Day, Scholarships, and local Community non-profits among others areas.



Shirley & Marcy

A mother was concerned about her kindergarten son walking to school. He didn't want his mother to walk with him. She wanted to give him the feeling that he had some independence but yet know that he was safe.

So she had an idea of how to handle it. She asked a neighbor if she would please follow him to school in the mornings, staying at a distance, so he probably wouldn't notice her. She said that since she was up early with her toddler anyway, it would be a good way for them to get some exercise as well, so she agreed.

The next school day, the neighbor and her little girl set out following behind Timmy as he walked to school with another neighbor girl he knew. She did this for the whole week.

As the two kids walked and chatted, kicking stones and twigs, Timmy's little friend noticed the same lady was following them as she seemed to do every day all week. Finally she said to Timmy, 'Have you noticed that lady following us to school all week? Do you know her?'

Timmy nonchalantly replied, 'Yeah, I know who she is.'

The little girl said, 'Well, who is she?'

'That's just Shirley Goodnest, 'Timmy replied, 'and her daughter Marcy.'

'Shirley Goodnest? Who is she and why is she following us?'

'Well,' Timmy explained, 'every night my Mum makes me say the 23rd Psalm with my prayers, 'cuz she worries about me so much. And in the Psalm, it says, ' Shirley Goodnest and Marcy shall follow me all the days of my life', so I guess I'll just have to get used to it!'

